

Certuscoaching

Free Introduction to Life Coaching Event



TRANSFORM THE WORLD YOU LIVE IN!

Interested in Life Coaching? Why not organise an Introduction to coach event for your family, friends, work or organisation. If you can get between 10 - 100 people together they can find out what Life Coaching is and how it can benefit them.

“Whatever you want for yourself is within your grasp.”

Coaching aims to help individuals and businesses achieve clarity and confidence to work through and remove whatever it is holding them back.

David Edmonds, Life Coach

Why should YOU use a Life Coach?

- You want to be a leader and make a difference
- You're stuck in a rut and don't know what to do next
- You feel like something is missing or there must be more to life
- You're unhappy
- Relationship issues
- You're too comfortable. Life is routine and boring
- You're scared
- Work Life Balance
- Stress and anxiety at home or work
- Discover how to make things happen
- Personal life impacting on your career

www.certuscoaching.co.uk

“The coaching has transformed the way I deal with difficult situations and challenges in my business and personal life.”

Dylan Roberts,
Chief Information Officer at
Leeds City Council

“Through my work with David, it is opening up a completely different way of not only thinking, but also how I operate both at work and in life.”

Phil Barrett,
Leeds Care Record and Ripple

“David's coaching helped me to distinguish what was stopping me from reaching my full potential as an inspirational leader.”

Girish Solanki,
Head of Information
Management & Technology
Leeds City Council