

Certuscoaching

Free Introduction to Life Coaching Evening



Wednesday 15th July at the ODI Leeds, Munro House,
Duke Street, Leeds, West Yorkshire LS9 8AG. Doors open at 6.00pm,
coffee and tea available, starts at 6.30pm, finish around 9.30pm

Numbers are restricted, so please register your interest [here](#)

<http://www.eventbrite.co.uk/e/introduction-to-coaching-evening-tickets-17245284109>

“Whatever you want for yourself is within your grasp.”

Coaching aims to help individuals and businesses achieve clarity and confidence to work through and remove whatever it is holding them back.

David Edmonds, Life Coach

Why should YOU use a Life Coach?

- You want to be a leader and make a difference
- You're stuck in a rut and don't know what to do next
- You feel like something is missing or there must be more to life
- You're unhappy
- Relationship issues
- You're too comfortable. Life is routine and boring
- You're scared
- Work Life Balance
- Stress and anxiety at home or work
- Discover how to make things happen
- Personal life impacting on your career

www.certuscoaching.co.uk

“The coaching has transformed the way I deal with difficult situations and challenges in my business and personal life.”

Dylan Roberts,
Chief Information Officer at
Leeds City Council

“Through my work with David, it is opening up a completely different way of not only thinking, but also how I operate both at work and in life.”

Phil Barrett,
Leeds Care Record and Ripple

“David's coaching helped me to distinguish what was stopping me from reaching my full potential as an inspirational leader.”

Girish Solanki,
Head of Information
Management & Technology
Leeds City Council